



# *Marriage Meetings*

## A special workshop for couples

Our marriage is made in heaven, so what do we do here on earth?  
Gain skills to keep your relationship on track and the spark alive.

In this enjoyable workshop, with confidentiality adhered to, you will gain a tool and techniques to conduct an effective weekly meeting that fosters:

- Intimacy and romance
- Loving, respectful communication
- Improved teamwork
- Smoother resolution of conflicts

**Tuesdays, April 6, 2011 and April 13, 2011**  
**6:30 pm - 8:30 pm**

1050 Northgate Drive, First floor conference room, San Rafael  
Building is across from parking area of Four Points Sheraton Hotel

\$120. per couple, \$70. per individual, includes a Marriage Meeting Starter Kit, which provides step-by-step instructions for conducting Marriage Meetings.

To register: Phone 491-4801 by March 29th. [www.marriagemetings.com](http://www.marriagemetings.com)

This workshop is designed for couples who function well overall. It is not meant to be a substitute for couple or individual therapy, which is more likely to benefit people who have more complex concerns.

Marcia Naomi Berger, LCSW, a psychotherapist in private practice in San Rafael, has led Marriage Meeting workshops in Marin since 2006. A former executive director of a family service agency and lecturer at UCSF School of Medicine, she is dedicated to helping individuals, couples, and families gain more fulfilling relationships.